

# 2023 Supervisor Excellence Webinar Series

## How to Maintain a Mentally Healthy Workplace Environment

This timely presentation provides an overview of the elements that comprise a mentally healthy workplace environment including an inclusive culture, respectful relationships, supportive leadership, and employee well-being.

When: January 23, 2023 1:00 PM CST

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## Advanced Communication Skills that Improve Employee Motivation

This practical session covers several advanced interpersonal skills that can help managers to strengthen relationships with employees to improve their motivation. Skills to be discussed include identifying the needs of individual employees, empathic listening, strategies to use in coaching conversations, and ways to provide effective employee recognition.

When: April 10, 2023 1:00 PM CST

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## Emotional Intelligence for Supervisors

Our emotions can bring us joy and happiness, but also pain and frustration if we don't manage them well. This important presentation discusses the steps necessary for supervisors to build and maintain a balanced emotional life at work to improve relationships with employees, and achieve greater levels of success as a leader.

When: July 10, 2023 1:00 PM CDT

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## Presentation Skills for Supervisors

This practical presentation is designed to provide an overview of the basic elements necessary to give effective presentations. Covered topics include developing your message, interacting effectively with your audience, and how to prepare for delivering your message.

When: October 16, 2023 1:00 PM CDT

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Miss a session?

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