

### IF YOU DEVELOP COVID-19 RELATED SYMPTOMS

Stay home or leave work. Test.

#### If you test positive:

1. Isolate for at least 5 days from time of symptom onset or positive test date.
2. On day 6, return to work if fever-free for 24 hours without the use of fever reducing medication and symptoms are mild/improving.
3. Follow heightened safety protocols (see below) for 10 DAYS from onset of symptoms or positive test, or until 2 sequential negative tests taken 48 hours apart.
4. If you were moderately or severely ill, consult your doctor before ending isolation.

If you test negative, multiple tests may be required.

Return to work when you have no or significantly improved symptoms for at least 24 hours.

### If you have a known exposure to someone with COVID-19

(6 feet or closer for 15 minutes or more while at least one person is unmasked)

#### HAVE NOT tested positive within the last 90 days

1. Continue reporting to work, as scheduled.
2. For 10 days, practice heightened safety protocols (see below).
3. Test at least 5 days after your exposure.

#### Tested positive within the last 90 days

1. Report to work as scheduled.
2. Monitor for symptoms until 10 days after your exposure and practice heightened safety protocols (see below).
3. If it has been more than 30 days from your positive test to your prior exposure, test at least 5 days after the current exposure.
4. If it has been less than 30 days from your positive test to your exposure, only test if symptoms develop.

### If you have a continuous exposure to someone with COVID-19

(employee cannot effectively isolate from a COVID positive individual)

#### HAVE NOT tested positive within the last 90 days

1. You **do not** need to stay home **unless** you develop symptoms.
2. Watch for symptoms and practice heightened safety protocols (see below) until 10 days after the infected person's isolation period ends.
3. Get tested at least 5 days after your exposure and re-test 5 days after the end of isolation for the person with COVID-19.

#### Tested positive within the last 90 days

1. You **do not** need to stay home **unless** you develop symptoms.
2. Watch for symptoms and practice heightened safety protocols (see below) until 10 days after the infected person's isolation period ends.
3. Get tested at least 5 days after your exposure.
4. If it has been more than 30 days from your positive test to your exposure, re-test at least 5 days after the end of isolation for the person with COVID-19.
5. If it has been less than 30 days from your positive test to your exposure, you only need to test if you develop symptoms.

## HEIGHTENED SAFETY PROTOCOLS

Always wear a mask. Avoid eating with others. Diligently monitor symptoms.